

# RELAY RULES

1. YOU MAY SWIM UP ONE SWIMMER PER RELAY – YOU MAY NOT SWIM DOWN ANY SWIMMERS.
2. EACH SWIMMER MAY ONLY SWIM ONE FREE RELAY AND ONE MEDLEY RELAY.
3. A RELAY TEAM MAY NOT CONSIST OF MORE THAN TWO MALES.
4. A “NO TIME” WILL BE ACCEPTED FOR RELAYS.
5. NO REFUNDS.
6. MAKE CHECKS PAYABLE TO: **CITY OF SAN GABRIEL.**
7. NO UNATTACHED RELAYS.
8. DECK ENTERED RELAY COST IS \$8.00.

45	15 & Up	400 Yd Mixed Medley Relay
46	13 -14	400 Yd Mixed Medley Relay
47	11 - 12	200 Yd Mixed Medley Relay
48	9 - 10	200 Yd Mixed Medley Relay
49	8 & Under	100 Yd Mixed Medley Relay

70	15 & Up	400 Yd Mixed Free Relay
71	13 - 14	400 Yd Mixed Free Relay
72	11 - 12	200 Yd Mixed Free Relay
73	9 - 10	200 Yd Mixed Free Relay
74	8 & Under	100 Yd Mixed Free Relay